

## Supporting Families

### ST ANNE'S C.E. PRIMARY SCHOOL AND NURSERY EARLY HELP OFFER

At St Anne's CE Primary School and Nursery, we recognise the challenges that families face in bringing up children. There may be times when you need extra help and support. If this is the case please come and talk to us. There are many ways in which we can help as outlined in this offer of early help. We can also help to plan specific support for families in the forms of My Plan, My Plan + and My Assessment where we can work together to set and achieve outcomes.

The diagram below shows the range of needs at different levels. We use this graduated approach to make sure we provide the best support for different families' individual situations.



Providing early help to our pupils and families at St Anne's CE Primary School and Nursery means we are more effective in promoting support as soon as we can. Early help means providing support as soon as a problem emerges, at any point in a child's life, from the foundation years through to teenage years.

**Key Personnel:**

The Designated Safeguarding Lead (DSL) is: Miss Rosie Stanton (Deputy Head Teacher)

Contact details: [rstanton@stannesprimary.worcs.sch.uk](mailto:rstanton@stannesprimary.worcs.sch.uk)

Telephone: 01299 402013

**The deputy DSL(s) are:**

Mrs Joanne Harvey (Head Teacher) [head@stannesprimary.worcs.sch.uk](mailto:head@stannesprimary.worcs.sch.uk)

Mrs Samantha Strand (Nursery Lead) [sstrand@stannesprimay.worcs.sch.uk](mailto:sstrand@stannesprimay.worcs.sch.uk)

**The nominated safeguarding governor is:** Mr Kevin Henderson

Contact details: [clerk@stannesprimary.worcs.sch.uk](mailto:clerk@stannesprimary.worcs.sch.uk)

**The Headteacher is:** Mrs Joanne Harvey – [jharvey@stannesprimary.worcs.sch.uk](mailto:jharvey@stannesprimary.worcs.sch.uk)

**The Chair of Governors is:** Mr Fran Docherty - [clerk@stannesprimary.worcs.sch.uk](mailto:clerk@stannesprimary.worcs.sch.uk)

At St Anne's CE Primary School and Nursery we meet the needs of our children through a variety of ways:

### **Level 1 support:**

**Parent consultations:** Our teachers are all skilled professionals with a detailed understanding of the pupils in their care. They are happy to listen to concerns and worries you may have about your child and advice and perhaps a different perspective on an issue. Please either chat to them in the playground or make an appointment via the School Office.

**Personal, Social and Health Education:** This curriculum area, delivered by school staff, covers a range of issues relating to health and well-being developing children's knowledge of keeping them safe and well. This includes units on diet, exercise, drugs, and relationships.

**Relationships and Sex Education:** This complements our PSHE curriculum and enables the children to understand families, friendships and respectful relationships.

**Internet safety:** Children are taught how to keep themselves safe online and what to do should a concern arise. We take part in Online Safety week and invite a range of speakers in to talk to both parents and children about this important area of life.

**Health education:** These sessions, presented by the School Nursing service, give children key messages about hand washing, dental hygiene and road safety.

**Safety information:** From time to time school invites a range of agencies to present messages about road, water, electrical and fire safety to our children. This culminates in a very popular event for Year Six called the 'Young Citizens Challenge.'

**First Aid and Medication:** These staff are trained and able to give first aid to staff and children. This includes giving medication in line with our medication policy.

### **Level Two support:**

(Available in school to children and families who need a little extra help).

**Attendance:** Attendance is closely monitored in school by the Headteacher and Deputy Headteacher with timely meetings for any parents where attendance or late arrival is of concern.

**Nurture Provision:** We have our own Nurture Provision, where our trained practitioners provide 1:1 or group sessions to a small group of children on a termly or half-termly basis providing help managing anxiety, anger, or other situations which may overwhelm a young person.

**Safeguarding and Mental Health Leads:** These staff are available to meet with parents who have concerns in these areas giving advice and signposting help offered by other agencies. They ensure that all staff have a good knowledge of safeguarding concerns and are able to identify children who may need help and support.

**Special Educational Needs:** Our SENDCo co-ordinates the support given to pupils and may be delivered in the classroom or in small groups for a short time outside the class. Our support enables children to achieve their full academic potential.

### **Level Three support:**

(Agencies beyond school that are able to support families and children).

**School Nurse:** Referrals can be made by staff. The School Nurse is then able to meet parents at home or in school and give advice on physical and emotional health.

**Family Support:** Referrals are made by staff to Family Support. Our worker can meet parents and children either at home or school to address a range of issues including emotional wellbeing, sleep, diet, and behaviour.

**Behaviour Support:** Referrals are made by staff to Behaviour Support. Our worker works on a 1:1 basis with children and may also advise staff on behaviour strategies to improve a child's access to learning.

**CAMHS CAST:** Staff can refer pupils to this service within the Child and Adolescent Mental Health Services. This service generally offers a consultation service.

**Reach4wellbeing:** Parents can self-refer to this service within the Child and Adolescent Mental Health Services. They offer short term group support programmes for pupils experiencing mild to moderate emotional difficulties, low mood and anxiety.

For further details:

**Targeted Family Support:** Where the needs of a family are more complex TFS may be able to co-ordinate a group of professionals and family members to enable a more comprehensive package of support and information.

**Community Social Workers:** Staff in school can seek advice for families from a CSW through a booked telephone call which can then be relayed to parents.

**Other agencies:** Other agencies may offer counselling and advice Parents or staff can make these referrals to enable children to receive the right support at the right time. A comprehensive list of service providers is available from Mrs Harvey (Deputy Headteacher/ Designated Safeguarding Lead) who is available to signpost to the most appropriate service or to discuss any concerns with you.

Alternatively, follow the link below to take you to:

#### **Worcestershire Children First:**

For further details of Early Help and services available.

[https://www.worcestershire.gov.uk/info/20642/early\\_help\\_family\\_support](https://www.worcestershire.gov.uk/info/20642/early_help_family_support)

#### **The Family Front Door to Children's Services:**

If a parent/carer or member of the public thinks a child or young person is at immediate risk of significant harm they should contact the FFD – 01905 822 666 or in an emergency always call 999.